



Tablets Suspension Forte Suspension

کیل ون-ڈی
سپینش
فورت سپینش

DESCRIPTION

Cal One-D contains the organic matrix (Ossein) and the mineral components (Hydroxyapatite) of bone tissue in physiological proportions along with Vitamin D₃.

COMPOSITION

Each film coated tablet contains:

Vitamin D₃ (BP).....400 IU.
Ossein Mineral Complex830 mg.
Corresponding to:
-Calcium177.6 mg*
-Phosphorus82.2mg*
-Residual Mineral Salts24.9 mg
-Collagen224 mg
-Other proteins66.4 mg
-Trace elements ...F, Mg, Fe, Zn, Cu & Ni
* Corresponding to approx.
440 mg Hydroxyapatite.

Each 5ml suspension contains:

Vitamin D₃ (BP).....400 IU.
Ossein Mineral Complex250 mg.
Corresponding to:
-Calcium53.5 mg*
-Phosphorus24.8mg*
-Residual Mineral Salts7.5 mg
-Collagen67.5 mg
-Other proteins20 mg
-Trace elements ...F, Mg, Fe, Zn, Cu & Ni
* Corresponding to approx.
132.5 mg Hydroxyapatite.

Each 5ml forte suspension contains:

Vitamin D₃ (BP).....400 IU.
Ossein Mineral Complex400 mg.
Corresponding to:
-Calcium85.59 mg*
-Phosphorus39.61mg*
-Residual Mineral Salts12.00 mg
-Collagen107.95 mg
-Other proteins32.00 mg
-Trace elements ...F, Mg, Fe, Zn, Cu & Ni
* Corresponding to approx.
212 mg Hydroxyapatite.

THERAPEUTIC INDICATIONS

- Increased mineral requirements during pregnancy and lactation, osteoporosis, osteomalacia, osteoarthritis, bone pains, bone fragility, stiffness in joints, fatigue and hypocalcemia.
- As adjuvant in fractures with delayed callus formation.
- Poor bone and tooth development, decreased growth and rickets in children.

PROPERTIES

Ossein mineral complex+vitamin D₃ provides complete bone nutrition-a whole bone supplement providing all the essential nutrients necessary for bone formulation like;

- Bioavailable Calcium • Magnesium • Mineral Complex • Bone amino acids • Bone Growth factors • Phosphorous • Trace minerals
- Type-I collagen • Intact protein • Organic factors

Vitamin D₃ is produced in skin by photochemical conversion. It is also an important dietary nutrient. Vitamin D₃ insufficiency develops when both sunlight exposure and dietary intake are inadequate. Insufficiency is associated with negative calcium balance, bone loss, increased parathyroid hormone levels and increased risks of skeletal fracture.

The principal action of Vitamin D₃ is to increase intestinal absorption of both calcium and phosphorus as well as regulate serum calcium, renal calcium and phosphate excretion, bone formation and bone resorption.

DOSAGE AND ADMINISTRATION

Tablet

Adult Dosage: 1 to 2 film coated tablets daily before meal with some liquid.

Suspension

Children Dosage: 1-2 Teaspoonful (5ml-10ml) twice a day or as directed by the physician.

Adult Dosage: 1-2 Tablespoonful (15ml-30ml) twice a day or as directed by the physician.

Forte Suspension

Children Dosage: 1-2 Teaspoonful (5ml-10ml) twice daily or as directed by the physician.

Adult Dosage: 1-2 Tablespoonful (15ml-30ml) twice daily or as directed by the physician.

SPECIAL DOSAGE INSTRUCTION

In Osteoporosis: Increase dosage as prescribed by the physician.

RESTRICTIONS ON USE

Higher dose should be reduced in hypercalcemia, hypercalciuria (renal calculi).

ADVERSE EFFECTS

Ossein mineral complex+vitamin D₃ is well tolerated even if taken over a prolonged period.

INTERACTIONS & OVERDOSAGE

None.

STABILITY

See expiry on the pack.

PACKS

Cal One-D is supplied in the following dosage forms, strengths and pack sizes:

Tablets 830mg + 400IU	30's
Suspension 250mg + 400IU	60ml & 120ml
Forte Suspension 400mg + 400IU.	60ml & 120ml

INSTRUCTIONS

Keep all medicines out of the reach of children.
Protect from light, heat and moisture.
Store below 30°C.

To be sold on prescription of a registered medical practitioner only.

Manufactured by:

Martin Dow Limited
Plot 37, Sector 19, Korangi Industrial Area,
Karachi-74900, Pakistan.


Martin Dow

ہدایات:

تمام دوا نہیں بچوں کی پہنچ سے دور رکھیں۔

روشنی، گرمی اور نمی سے محفوظ رکھیں۔

۳۰ ڈگری سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔

صرف رجسٹرڈ ڈاکٹر کے نسخے پر فروخت کی جائے۔